

THE ALL NEW SCOTTISH FENCING PLASTIC FENCING QUALIFICATION

This course will give you the essential information and tools you need to deliver and develop regular plastic fencing classes within your community. As an Olympic sport, this is a highly technical sport which encourages physical literacy and life-long core skills. An Assessment day will be arranged to make sure the core skills are being delivered correctly at some point after the introductory course.

This action-packed day of learning allows coaches who are new to, or thinking about, teaching fencing to young people from a basic level to deliver taster and initial coaching sessions. Coaches will be given pointers for additional sources of information and the course covers:

- Session Planning
- Health & Safety
- Warm up exercises
- Bladework/ Footwork
- Games

This course also comes with a reference DVD of ALL sports specific technical components covered in the course for future reference.

In order to gain your Scottish Fencing, “Ready Steady, Fence” certificate in plastic fencing to demonstrate your coaching attainments, in addition to this one-day, hands-on coaching session, you will be required to:

- Attend a one-day emergency first-aid course
- Attend a Regional Protecting Vulnerable Person’s Course
- An assessment day will be carried out to make sure the core Technical skills are correctly shown and that the student can coach the technical.

For more information or to book your place visit:

<http://www.scottish-fencing.co.uk/calendar/2014/>

or contact admin@scottish-fencing.com