



# & Have fun In Sport



**When you take part in sport, you have the right to have fun and stay safe.**

If this isn't happening - or you're worried about something - you could speak to an adult who you know and trust such as a coach / parent / teacher / the child protection officer at your club.

If there isn't someone you feel that you could talk to, you can contact **ChildLine** in Scotland on **0800 1111** any time day or night. It's a free\* and confidential helpline for children and young people who need someone to speak to. It's confidential because you don't need to tell them who you are if you don't want to.

\*if you are calling from a mobile phone, some network providers may charge you.

Your club:

is committed to making sure this happens.

The Child Protection Officer at the club is:

Further Information:



You can find help, advice and resources at:  
[www.safeguardingsport.org.uk](http://www.safeguardingsport.org.uk)